



Introducing Restorative Clinical Supervision into Critical Care

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The art of
restoration





Before you start

Blue Print



Plan



Promote



Perform



Practice



Persevere &
Push on

Plan

"Put your house in order "

- Audience
- Response to requests
- Format for sessions 1:1 & groups

- Delivery format
- Tools
- Are you ready?



Promote "Setting your stall out"



Sell the product start with the Why



Advertise & Organise sessions



1:1 or peer groups



Venue



Organise yourself

Group members



Perform Your Supervision Choices



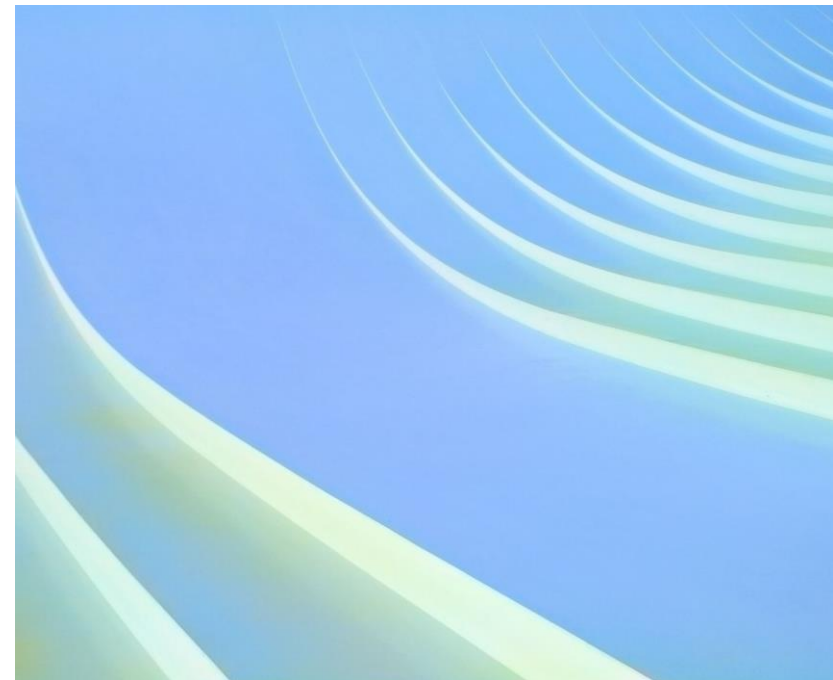
FORMATIVE – "Educational" Novice to expert professional skills



NORMATIVE - " Managerial" (not as you may know it) Evaluating practice .Looking at professional performance, discuss training needs.



RESTORATIVE "Supportive " - no agenda ,space to think and reflect especially for individuals who work in a stressful environment. End on a positive .



Practice :

"The Restorative Way"

Setting the contract

Safeguard

Creative RCS

Use powerful questions

Tools for supervision :

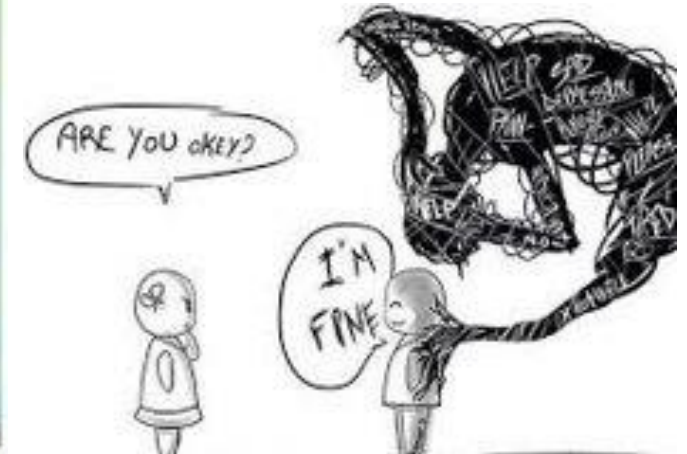
Wallbank Resilience Model

& Zones



Persevere

- Resistance to supervision
- Regularity
- Engaging and persuading with the need



Revisit & Reminder



- Plan
- Promote
- Perform
- Persevere