

COPING WITH WORKPLACE STRESS AND BURNOUT 2018:

Supporting wellbeing in critical care staff

Location

35 Red Lion Square
London
WC1R 4SG

Programme

Fees

09:00 - 09:30: Registration
09:30 - 09:35: Welcome

Trainee, Nurse & AHP Members/Non-Members: £70/£85
Consultant Members/Non-Members: £145/£195

SESSION 1 - INSIGHT INTO WORKFORCE WELLBEING IN INTENSIVE CARE

09:35 - 10:00: Resilience - really? Understanding workforce wellbeing DR JULIE HIGHFIELD
10:00 - 10:20: ICS Wellbeing Working Group and Survey 2018 - what we learned DR LAURA VINCENT
10:20 - 11:05: Reflective Round Group Discussion; a personal perspective of burnout DR JULIE HIGHFIELD
AND DR DIANE MURRAY

11:05 - 11:25: TEA/COFFEE BREAK

SESSION 2 - PERSONAL PROGRESS TOWARDS WELLBEING

11:25 - 12:05: Developing self care DR MARC JONES
12:05 - 12:45: Developing self care: an experiential workshop DR JO BOWEN
12:45 - 13:00: Questions for panel

13:00 - 14:00: LUNCH

SESSION 3 - CHANGING THE WAY WE WORK - THE LOCAL PERSPECTIVE

14:00 - 14:30: Workplace culture and managing clinical complexity for wellbeing DR JULIE HIGHFIELD
14:30 - 15:00: Moral distress DR UNA ST LEDGER

15:00 - 15:25: TEA/COFFEE BREAK

SESSION 4 - CHANGING THE WAY WE WORK - THE BIG PICTURE PERSPECTIVE

15:25 - 15:50: FICM workforce: considering workforce planning and future models DR JACK PARRY JONES
15:50 - 16:15: The future PROF HUGH MONTGOMERY
16:15 - 16:30: Questions for panel